

LAST POST REPORT

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95 Belden Street (Route 126) • Falls Village, CT 860-824-0831

SUMMER 2025 - AUTUMN 2025

Dear Friends,

Here we go again with the quote "your age is only a number on a piece of paper". Walk more.... exercise more live life so why do I feel like I'm OLD?

I really do try to keep active. I walk at The Last Post - along the driveway and into the cat rooms. That hardly qualifies as exercise. My husband tells me to walk more and then on the other hand he tells me to take a break! I really do understand the importance of relaxation.

Ask our cats!? They can relax ALL of the time and they can

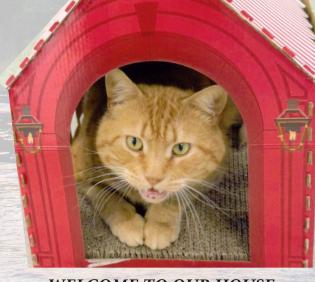
walk or run through the five acres of fenced-in yard.

We all must slow down and appreciate life as they say.

Love your family, keep close to your friends and always help someone in need. Try not to worry about things you have no control over. Who knows what the future holds? Mine includes more exercise and taking care of the 132 kitties in our care. Thank goodness my staff is terrific, which takes some of the stress off of me.

After all, "you can't have a better tomorrow if you are thinking about yesterday all of the time".

Our cats "get it". Why cant we?



WELCOME TO OUR HOUSE --PLEASE PET US





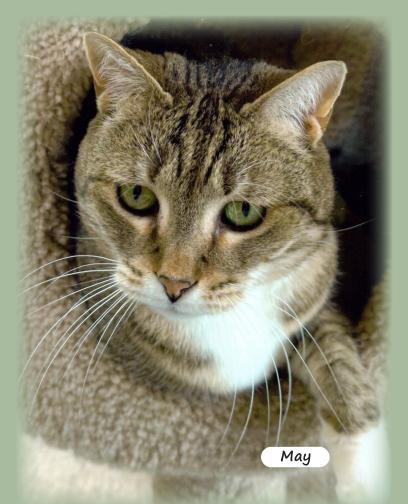
In Friendship,

Susan A. Leach-Gregan
Executive Director



Meet More of Our Cats!!

It isn't the size of the cat, it's the size of the love in the cat.
-- unknown











Donations Requested "We need you"





ANIMAL HEALTH

by Richard Gregan, President

STRESS FREE CATS

We would all like to live a stress-free life including our cats! Many people don't realize how much a happy home filled with love promotes good pet health. Insecurity causes stress and boredom. Lack of exercise can lead to obsessive or destructive behavior. The cat who excessively licks her fur can develop skin problems.

Stimulation should not be provided at the expense of safety. Do not let your cat roam FREELY outside. The Last Post has a fenced in space out of doors that they can access via cat doors and then they can jump down from the deck. At the end of the day we check to be sure all of our cats are inside and safe.









Last Post Mail

Note: All mail is actual and not edited.

Last Post Sanctuary, Hoping this donation will help out a little ... We appreciate all you do for your cats to keep them safe. -- Cindy and Jason M.

(also, wishing you lots of happiness, laughter and fun at Christmas)



Dear Susan and Richard, Thanks to you for your tender loving care you give to the cats. You have my heartfelt gratitude for all you do. Love and hugs to you

-- Lorrie D

Dear Susan, Richard and all the Last Post family,
Thank you for providing a wonderful life for the beautiful cats
in your care. May the beauty of nature brighten your holidays
-- Merry Christmas, M.C.



The Last Post,
Merry Christmas to you
and the kitties.
Happy New Year.
-- Sara R. and Tobey S.



Directions to the LAST POST

From New York: Take the Saw Mill Parkway to Rte. 22 North. Rte. 22 North to Millerton, NY to Rte. 44. Take Rte. 44 East 5 miles past the center of Salisbury, CT to Rte. 126. Take Rte. 126, it is the first right hand turn after the bridge. Take Rte. 126 South 1 1/10th miles to the Last Post. Turn Right when you see a white sign with a black cat.

From Connecticut: Take interstate 1-84 to Route 8 Waterbury, Take Rte 8 North to Winsted and Right to Rte. 44 West through the towns of Winsted, Norfolk and Canaan where you will then find Rte. 126 South. Take a left onto 126 South.

Amesville Falls S. ancon
Village
Lime Rock

Brook

Vivisection Investigation League Last Post Sanctuary 95 Belden Street, Rte. 126 P. O. Box 259 Falls Village, CT 06031

Go 1 1/10th miles to The Last Post. Turn Right at the white sign with the black cat.

OR Take Interstate 1-95 to Rte. 8. Take Rte. 8 North to Winsted and follow directions above from Winsted.

OR Take Interstate 91 to either 1-84 or 1-95 South, depending which is closer and follow those directions to the Last Post.

From Massachusetts: Take Interstate 1-84 to Rte. 8. Take Rte. 8 North to Winsted and Right to Rte. 44 West through the towns of Winsted, Norfolk and Canaan where you will then find Rte. 126 South. Take Rte. 126 South 1 1/10th miles to the Last Post. Turn Right at the white sign with the black cat.

OR Take Interstate 1-91 South to 1-84 West. Take 1-84 West to Rte. 8. Take Rte. 8. North to Winsted and then take Rte. 44 West. Follow the directions above from Winsted.

WE ARE CLOSED MONDAY & TUESDAY AS WELL AS THANKSGIVING AND CHRISTMAS

Email: cats@thelastpost.org
Website: www.thelastpost.org

he Last Post is a non-profit organization which depends entirely on donations and bequests. All contributions are tax-deductible. We encourage visitors and are open to the public from 11:00 am until 3:00 pm Wednesday-Sunday.

We are closed on Thanksgiving and Christmas. A call ahead is advised BEFORE traveling during bad weather conditions and in general.

When you're overseeing estate planning and/or nursing home arrangements for clients of advancing age who express concern for the fate of their pet cats, you should know that since 1982, thousands of people have entrusted the welfare of their cats to us.

For more information about making arrangements, please contact at The Last Post at (860) 824-0831

PEGEEN FITZGERALD'S LAST POST PO Box 259 95 Belden Street, Rte. 126 Falls Village, CT 06031



We can be reached by Phone: 860.824.0831 • Fax: 860.824.5460